

Southeastern Wisconsin Chapter
6130 W. National Avenue, Suite 200
Milwaukee, WI 53214

(414) 479-8800 **phone**
(414) 479-8819 **facsimile**
(800) 272-3900 **24/7 helpline**

www.alz.org/sewi

FOR IMMEDIATE RELEASE

Alzheimer's Association Introduces In-Depth Training for Family Caregivers
-Six Week Series to Provide Full Spectrum of Education-

Milwaukee, WI – December 16, 2009 - The Alzheimer's Association introduces "The Savvy Caregiver" a new program designed to provide clinical level training for family caregivers. This six week series will be offered in Brown Deer on consecutive Tuesdays from January 19, 2010 through February 23, 2010 from 10:00 a.m. to 12:00 p.m. at the Four Points by Sheraton Milwaukee North, 8900 North Kildeer Court in Brown Deer. This workshop is open to family members who are providing care for a loved one with Alzheimer's disease or a related dementia.

The Savvy Caregiver program is a unique approach to family caregiver education. The central concept is the notion of strategy. Throughout the program caregivers are urged to learn, develop and modify strategies to accomplish the goal for their particular caregiving situation. Participants will come away with increased personal knowledge, skills to assess abilities of a loved one with dementia, confidence to set and alter caregiving goals, strategies to manage activities of daily living, and perspective on the course of Alzheimer's and other related dementia.

The program will be presented by Krista Scheel, Program Director, Alzheimer's Association. The materials cost for the six week course is \$30; advance registration is required. Scholarships are available. For registration and information, please contact Krista Scheel at 414-479-8800 or via email at Krista.scheel@alz.org.

The Alzheimer's Association is a national non-profit organization whose mission is to eliminate Alzheimer's disease through the advancement of research, to provide and enhance care and support for all affected and to reduce the risk of dementia through the promotion of brain health. The Alzheimer's Association of Southeastern Wisconsin provides information, education, and support to people with Alzheimer's and related dementias, their families, and healthcare professionals throughout an 11-county region. For more information about Alzheimer's disease and local services visit alz.org/sewi, call 24/7 Helpline at 800-272-3900 or the Spanish line at 414-750-6640.

the compassion to care, the leadership to conquer

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MEDIA CONTACT: Kristen Crump, Marketing Communications Manager
(414) 479-8800 ext. 206 kristen.crump@alz.org